

# 9 KEY TIPS ON TRAVELLING RESPONSIBLY

SIMPLE STEPS WITH HUGE IMPACT



## RESPONSIBLE TRAVEL STARTS AT HOME.

Be sure to turn off and unplug unnecessary appliances, shut off your water, and suspend your newspaper, flyer, and/or magazine deliveries while you're away!

## TRY TO BOOK DIRECT FLIGHTS.

Take-off and landing of planes uses the most fuel, so avoiding this when you can will save on carbon emissions! Sometimes this is unavoidable due to scheduling or cost, so you can also contribute to a vetted Canadian carbon offset project to help mitigate the effects of your flight.



## SUPPORT LOCAL WHEN YOU CAN.

Seek out locally-owned restaurants and stores to purchase food and gifts. Not only is your money more directly impacting the lives of the local community there, but you will also find more unique and interesting items to bring home!

## SPREAD YOUR WEALTH TOO.

Not just by finding locally-owned places, but also by seeking out communities that are not typical tourist spots, and by eating or shopping at different stores each day.



## FOLLOW LOCAL LAWS AND PRACTICES.

The same way you would hate for someone to come into your house and disrespect your household rules, you don't want to travel somewhere and be completely ignorant of their local customs. A Quick Google search can reveal information about local laws, traditions, and any health and safety risks.

## AVOID EXCESS WASTE.

Bring your own low-waste and reusable products to avoid using excess plastic when abroad. Anything from reusable bags, to metal straws, to a travel water bottle or coffee mug; a little goes a long way to reducing your footprint when travelling!



## USE PUBLIC TRANSIT WHEN POSSIBLE.

Use public transit when you can instead of taking a taxi everywhere. Even better? Rent a bicycle or walk and sightsee at a slower pace!

## PRACTICE LEAVING NO TRACE.

Don't carve your name into trees or leave love locks on bridges. Ideally, when you leave a place you have visited, there should be no trace that you were there; other than the incredible memories and photographs that you've taken along the way!



## RESPECT THE NATURAL WILDLIFE.

For example, when hiking, use the pre-marked trails to avoid disturbing the wildlife. And, avoid animal attractions like riding elephants or swimming with dolphins.